

Spring Cleaning Checklist

Use this printable spring cleaning checklist to deep clean your home, tackle often-missed areas, and reset your space for the season. Check off tasks as you go and complete them over a weekend or break them into manageable sessions.

Whole-Home Cleaning Tasks

- ■ Dust ceilings, light fixtures, and ceiling fans
- ■ Clean vents, air returns, and replace HVAC filters
- ■ Wash walls, baseboards, and door frames
- ■ Clean windows, tracks, and screens
- ■ Vacuum and mop all flooring, including under furniture

Kitchen Deep Clean

- ■ Clean inside oven, microwave, and refrigerator
- ■ Wipe down cabinets, handles, and backsplash
- ■ Deep clean sink and garbage disposal
- ■ Wash trash cans and recycling bins
- ■ Organize pantry and discard expired items

Bathroom Reset

- ■ Scrub grout, tile, and shower doors
- ■ Clean exhaust fans and light fixtures
- ■ Wash bath mats, shower curtains, and liners
- ■ Disinfect high-touch surfaces
- ■ Check for mold or leaks

Bedroom & Closet Refresh

- ■ Wash pillows, mattress protectors, and bedding
- ■ Vacuum mattress and rotate if needed
- ■ Declutter closets and storage bins
- ■ Clean under beds and nightstands

Living Spaces

- ■ Vacuum upholstery and cushions
- ■ Clean remote controls and electronics

- ■ Wipe down shelves, décor, and picture frames

Laundry & Utility Areas

- ■ Clean washing machine and dryer vents
- ■ Organize supplies and wipe shelves
- ■ Check hoses and connections